

# Midwest Geriatrics, Inc.

7915 North 30<sup>th</sup> Street • Omaha, Nebraska 68112  
402.827.6080 • (f) 402.827.6085 • [www.omahaseniorcare.org](http://www.omahaseniorcare.org)

## Publications

**The 36-hour Day: a Family Guide to Caring for People with Alzheimer's Disease, Other Dementias and Memory Loss Later in Life**

*Nancy L. Mace and Peter V. Rabins*

**Learning to Speak Alzheimer's: A Groundbreaking Approach for Everyone Dealing with the Disease**

Joanne Koenig Coste

**What's Happening to Grandpa**

Maria Shriver and Sandra Speidel

**Your Name is Hughes Hannibal Shanks: a Caregivers Guide to Alzheimer's**

Lela Know Shanks

**Lessons in Forgetting**

Malaika King Albrecht

## Websites

**The Alzheimer's Association** – Midlands Chapter

[www.midlandsalz.org](http://www.midlandsalz.org)

**The Alzheimer's Store** – products for activities with, security of, or care for individuals with dementia

[www.alzstore.com](http://www.alzstore.com)

**HBO's Alzheimer's Project** – documentaries on faces of the disease, care giving tips and education on Alzheimer's disease

[www.hbo.com/alzheimers](http://www.hbo.com/alzheimers)

**Ageless Design** – daily news updates via email plus other Alzheimer's disease resources

[www.agelessdesign.com](http://www.agelessdesign.com)